



# Creating Clay Pots As Empowering Containers

By Ruth Hamilton, MA Ed.

Friday, June 27, 9:30 am -12:00 pm

Health Touch, Durham, NC

(near the old South Square)

In this workshop, you will use clay to:

- Connect with the Earth Element
- Contain your dreams and hopes
- Create spiritual objects for focus

Ruth Hamilton is returning from six months in New Mexico where she visited spiritual sites and learned from Native American artist. She will bring both music and dance to an enjoyable morning of pot making. You will be inspired by her beautiful collection of pots that depict symbols which will be discussed. You can also purchase beautiful clay pots made by the Navaho, Zuni, and Acoma Pueblos in New Mexico. The fee is \$26 and includes all materials. Contact Ruth Hamilton at 919-949-8834 or email [Ruth@ArtsCanHeal.com](mailto:Ruth@ArtsCanHeal.com). To register, send a check payable to Arts Can Heal to Health Touch, 3500 Westgate Drive, Suite 504, Suite A, Durham, NC 27707 or call Ruth. Go to [www.ArtsCanHeal.com](http://www.ArtsCanHeal.com) for a map to Health Touch.